



SOMMERTRAINING 2023 – WOCHENPLAN

Stand: 05.07.2023

	MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	ZEIT
U7		15:00-16:00 Yuri, Martin			14:30-15:30 Yuri, Sean		2:00
U9		16:00 - 17:00 Fabian, Jimmy			15:00 - 16:00 Fabian, Jimmy		2:00
U11	17:00 - 18:00 Cori, Edi		15:45-16:45 Cori, Yuri	16:00 - 17:00 Martin, Edi			3:00
U13	16:00 - 17:30 Yuri, Jürgen		16:30 - 17:45 Yuri, Jürgen		16:00 - 17:30 Yuri, Jürgen	10:00-11:00 Jürgen, Marek Spieletag Eisstadion	5:15
U15	17:00 - 18:30 Yuri, Marek Turnhalle	17:00 - 18:00 Yuri, Mark		17:00 - 18:30 Yuri, Mark		10:00-11:00 Yuri, Marek Fitnessstudio	5:00
U17		18:00 – 20:00 Jimmy, Martin		18:00 – 20:00 Jimmy, Martin	17:00 – 18:30 Jimmy, Flori	11:00-12:00 Martin Fitnessstudio	6:30
U20	18:30 - 20:30 Mark, Marek		18:30 - 20:30 Mark, Marek	18:30 - 20:30 Mark, Marek		8:30-10:00 Spinning Fitnessstudio	7:00

Turnhalle: Mo 16:45-18:30